



NARCOTICS ANONYMOUS

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

NA is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that THEY WORK!

There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you use or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

THE TWELVE STEPS OF N. A.

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong, promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

EMERALD COAST AREA MEETING LIST

March - June 2025



Scan Me

For up to date events and times

**24 HOUR HelpLine
1.850.990.HOPE (4673)**

[Emeraldcoastareana.org](https://emeraldcoastareana.org)

**Can't Make one in person?
Try a Virtual one!**



VIRTUAL-NA.ORG

- O = Open, All welcomed
- C = Closed, Addicts Only
- 1 = Speaker Meeting
- 2 = Non-Smoking
- 3 = Handicap Accessible
- 4 = Book/Literature Study
- 5 = Candlelight Meeting
- 6 = Step Meeting
- 7 = Outdoors

ECANA SCHEDULE

SUNDAY

7:00 pm Beach NA Group 023

MONDAY

6:00 pm High on Life 023

7:00 pm BEAR 023

7:00 pm Second Chance 023

7:30 pm Bridge to Freedom 023

TUESDAY

6:00 pm High on Life 0235

7:00 pm Last Chance 023

7:00 pm Second Chance 023

7:30 pm Bridge to Freedom 0235

WEDNESDAY

7:00 pm Beach NA Group 023

7:00 pm One Way Left 023

8:00 pm Bridge to Freedom 023

THURSDAY

6:00 pm High on Life Group 0234

7:00 pm Men's Meeting C7

7:00 pm Second Chance 0234

FRIDAY

6:00 pm Backwoods Recovery 023

6:00 pm. White Flag Recovery 023

7:00 pm Beach NA Group. 0235

SATURDAY

7:30 pm Bridge to Freedom 023

7:00 pm 3 rd Sat Second Chance 0234

ECANA MEETING LOCATIONS

Beach NA Group
 YANA Club
 8715 Laird Street
 Panama City Beach, FL 32408

Bridge to Freedom

St Andrews Episcopal Church
 1608 Bakers Court, Panama City, FL 32401

High on Life

Hiland Park United Methodist Church
 2420 East Baldwin Road, Panama City, FL 32405

Second Chance

249 East Hewitt Road
 Santa Rosa Beach, FL 32459

Backwoods Recovery

Glad Tidings Assembly of God
 138 E. Orange Ave., Wewahitchka, FL 32465

Last Chance

First Presbyterian Church
 1063 Circle Dr.
 Defuniak Springs, Fl. 32433

One Way Left

1641 Brickyard Rd. Chipley, Fl. 32428

White Flag Recovery

289 Madison St. Freeport Fl, 32439
Bring Everyone And Recover (BEAR)
 Alford Park, 2562 Park Ave, Alford, FL 32420

Men's Meeting

Richard Seltzer Park
 7419 Thomas drive, Panama City Beach, FL,
 32408

***...So that no addict seeking recovery
 NEED EVER DIE...***

*There are many suggestions that have
 proven themselves over time. Calling
 a member of NA before you use is one
 of the strongest. If you are given a
 member's number remember...it is
 an invitation to call if you need help.*

PHONE NUMBERS

For Professionals and the Public

To receive more information or speak with a
 member of our HI/PI Subcommittee please
 call the phone line or visit us at
emeraldcoastareana.org

***...We only keep what we have by GIVING IT
 AWAY... ECANA SERVICE MEETINGS***

ASC: 3rd Sunday of the month @ 3:00pm